

# METCALFE COUNTY

**UK** Cooperative  
Extension Service

4-H Youth Development

**NEWSLETTER**  
FALL 2024

## 4-H CAMP

Camp was a LOT of fun! Metcalfe 4-H Took 99 youth, 5 teens and 13 adults. We are excited to see you in 2025 be looking for a SAVE the DATE! Many Thanks to Adults and Teens that made camp a Success!!!!



## COUNTRY HAM

We had over 25 youth and adults that participated in the ham project this year. Be looking for contracts coming soon this fall!!!

## SHOOTING SPORTS

13 Metcalfe 4-H Certified Shooting Sports Volunteers helped to make the 2024 State 4-H Shooting Sports Contest a success. A BIG Thank you to all of them! We had 20 youth that participated in the 2024 State 4-H Shooting Sports Contest. The youth have competed throughout the summer and finished with a very successful State Shoot. Results for 2023-2024 On following page



**Cooperative  
Extension Service**

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

**MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT**

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodations of disability may be available with prior notice. Program information may be available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating

Lexington, KY 40506



Disabilities  
accommodated  
with prior notification.

# METCALFE COUNTY

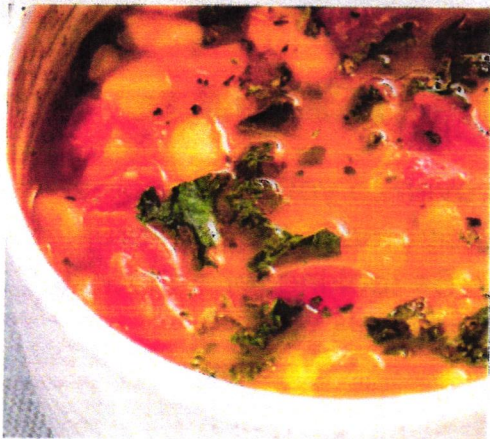
 Cooperative  
Extension Service  
4-H Youth Development

NEWSLETTER

FALL 2024

## TEEN CONFERENCE

There were lots of leadership workshops and service projects. Over 500 youth from across the state were able to attend. Abby Shirley & Amelia Slinker were in the State Fashion Review. They made their outfits and modeled them on the runway. Save the Date June 10-13-2025



## 10 MINUTE BEAN SOUP

OLIVE OIL, GARLIC, ONION, BEANS, TOMATOES AND MOR  
RECIPIE ON PAGE 4.

## 4-H & CLOVERBUDS

CloverBud Meetings are the first Monday of the month 6pm @ extension office.

4-H Ranger Meetings are the 2nd Tuesday of each month. 6pm at the extention office.

Call for more informaion 270-432-3561



### Cooperative Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation on the part of any individual. Reasonable accommodation of disability may be available with prior notice. Program information may be available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Genetics, Cooperating. Lexington, KY 40506



Disabilities  
accommodated  
with prior notification.

# Upcoming Events & Dates

## NORTH AMERICAN INTERNATIONAL LIVESTOCK EXPO NOV 7-21, 2024

Area Banquet Invitation  
only Dec 16  
Corvette Museum

Horse Club/Livestock Club  
Meeting in the Spring

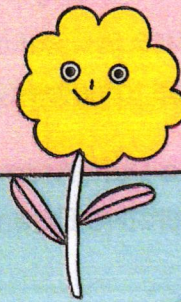
4-H Council Meeting  
October 16,  
November 13,  
December 11, 2024

Corn Maze and Health snack  
October 18, 2024

AG Club  
Oct 18 plant/birds  
Nov 1 Ag careers  
Nov 15 Cattle  
Nov 22 Horse


Leadership Opportunities  
SCK Launch Oct 25  
MCA teens Nov 11 Butler Co 5pm  
Officer Training Nov 12

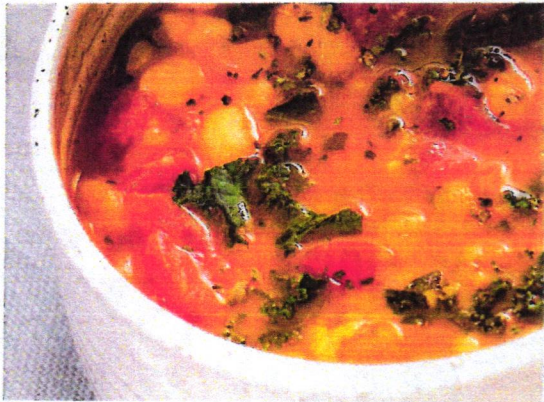
Metcalfe County 4-H Agent



# 10-Minute Bean Soup

Servings: 4 Serving Size: 1/4 of recipe Recipe Cost: \$6.52 Cost per Serving: \$1.63

 Cooperative  
Extension Service



## Ingredients:

- 1 tablespoon olive oil
- 1 teaspoon minced garlic
- ¼ cup onion, finely chopped
- 2 (15.8 ounce) cans of great northern beans, rinsed and drained
- 1 (14.5 ounce) can diced tomatoes with basil, garlic and oregano
- 1 (14 ounce) can low-sodium vegetable or chicken broth
- 4 cups kale, torn into small pieces
- 1 tablespoon lemon juice
- ½ cup grated Parmesan cheese

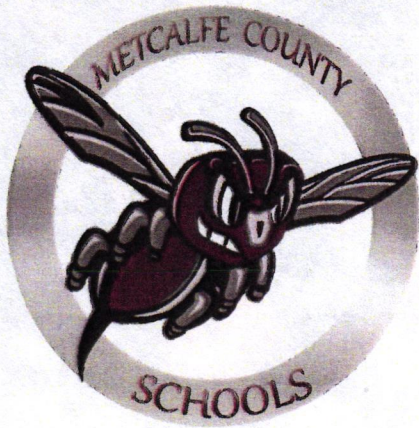
## Directions:

1. In a medium saucepan, heat oil over medium heat and sauté garlic and onion for 3 minutes or until onion is tender.
2. Add beans, tomatoes and broth to saucepan. Stir and simmer for 5 minutes. Add kale and cook until tender, for about 2 minutes.
3. Mix in lemon juice and Parmesan cheese just before serving. Optional, garnish with finely chopped fresh basil or dried basil.

## Notes

Cooked, dried beans may be substituted for canned beans. Using prepared dry beans in place of canned will reduce sodium in this dish. If you can't find diced tomatoes with basil, garlic and oregano, use regular diced tomatoes and add dried versions of these seasonings.

Source: Caroline Durr, Area Nutrition Agent for Kentucky Nutrition Education Program, University of Kentucky Cooperative Extension Service



# TAG

## 2024-2025



## TALENTED AND GIFTED TEAM

MARK YOUR CALENDARS

### OCTOBER:

21- 5TH

22- 6TH

28- 7TH/8TH

### JANUARY:

28- 4TH/5TH

29- 6TH

23- 7TH/8TH

LOCATED AT THE  
METCALFE COUNTY  
EXTENSION OFFICE

### NOVEMBER:

25- 4TH/5TH

20- 6TH

21- 7TH/8TH

### FEBRUARY:

24- 4TH/5TH

26- 6TH

27- 7TH/8TH

### MARCH:

FIELD TRIP



# Growing the 4-H Horse Program From the Ground Up

## INFORMATIONAL FORUM

For Horse Crazy People Wanting to Make a Difference in a Young Person's Life  
*Adults & 16-18 year olds*

*Free Event & Food!*  
*Chick-Fil-A*

November 16, 2024  
9 a.m. - 2 p.m.

Warren Co. Extension Office

Sponsored by:  
Enterprise



### Focus Topics:

- ✔ What is a 4-H Horse Club?
- ✔ Resources
- ✔ Networking
- ✔ Events - Horse Judging, Horse Bowl, Hippology
- ✔ Opportunities

Registration Deadline:  
November 1st

RSVP at 270-842-1681 or  
Register Online Here:

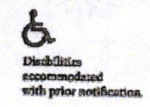


### Cooperative Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506





## 2024 Piggy Bank Design Contest

ADMINISTRATOR: University of Kentucky Cooperative Extension Service

CONTEST DESCRIPTION: Kentucky youth are asked to celebrate Kentucky Saves Week by using their creativity to make a piggy bank.

ELIGIBILITY: Contest is open only to school students attending public school, private, or home school located within the Commonwealth of Kentucky enrolled in Kindergarten through 12th grade.

HOW TO ENTER: To enter the Contest,

1. Create an original piggy bank design as described below. Only one entry per youth.
2. Bring entry and Official Entry Form to Amy Branstetter, at the Metcalfe Co. Extension Office by: **November 22, 2024.**

ENTRY REQUIREMENTS: Entries must meet the following requirements to be eligible for judging:

- A. The bank cannot exceed 12 inches x 12 inches x 12 inches (1 square foot)
- B. Piggy banks must be able to hold coins (i.e. include a slot that has been cut to insert coins).
- C. Piggy banks must be created or decorated by the youth contestant.
- D. Plastic or ceramic piggy banks may be used, but must be personally decorated.
- E. Piggy banks DO NOT have to be in the shape of a pig.
- F. Entrant MAY use or repurpose other containers.
- G. Write a description of your design.

Cooperative Extension Service

Metcalfe County

PO Box 55, 422 East St.

Edmonton, KY 42129

(270)432-3561

Fax: (270) 432-5087

<http://extension.ca.uky.edu>

[ambr223@uky.edu](mailto:ambr223@uky.edu)

Amy Branstetter,

Metcalfe County Extension Agent

for 4-H Youth Development



One Champion entry from Metcalfe County will be selected to advance to the W7/W8 Area Piggy Bank Contest. The champion piggy bank may be displayed at the State Capitol in Frankfort, KY during Kentucky Saves Week (in February).

2024 Piggy Bank Design Contest Entry Form

Participant's Name \_\_\_\_\_

School/Grade \_\_\_\_\_

County \_\_\_\_\_

Piggy Bank Description \_\_\_\_\_

Directions: Please complete entry form and submit with piggy bank entry. See official contest rules for complete entry instructions. Entries exceeding space requirements will be disqualified. Entries submitted after the deadline will be disqualified.

Print Parent/Legal Guardian Name: \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_

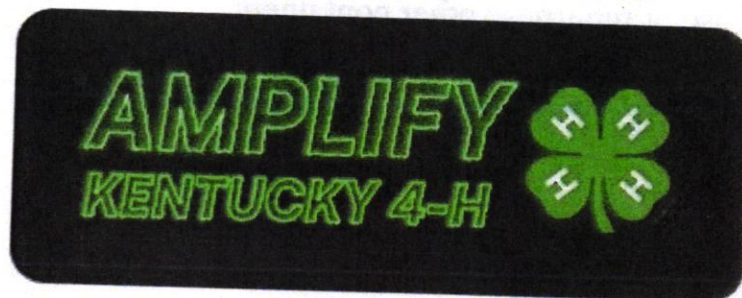
Home address \_\_\_\_\_

City \_\_\_\_\_ County \_\_\_\_\_ Zip \_\_\_\_\_

E-mail \_\_\_\_\_

Parent Phone: \_\_\_\_\_

If you have more questions call the Metcalfe County Extension Office at  
(270)432-3561 for more information.





# Edmonton Rangers 4-H Club Schedule

# 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <sup>st</sup> week	<b>CloverBuds</b> Extension Office 6 pm (Parents)			<b>Knitting</b> Gilbert's House	<b>Cooking</b> Mosemann's house 11:00	
2 <sup>nd</sup> week		<b>Main Club Meeting</b> Extension Office 6pm		<b>Sewing</b> Extension Office 1-3 pm		
3 <sup>rd</sup> week		<b>Photography</b> Drake's house	<b>OWL</b> Usually at the Library at 1 pm	<b>Knitting</b> Gilbert's House		
4 <sup>th</sup> week				<b>Sewing</b> Extension Office 1-3 pm		

Results for 2023-2024

**Ryne Atkins**

State Shooting Sports 12-14 yr. old 22 Pistol 2<sup>nd</sup> place Team

**Oaklee Fugate**

State Shooting Sports 15-18 yr. old 22 Target Rifle 7<sup>th</sup> place Individual

State Shooting Sports 15-18 yr. old 22 Target Rifle 2<sup>nd</sup> place team

State Shooting Sports 15-18 yr. old Air Rifle Sport 4<sup>th</sup> place Individual

State Shooting Sports 15-18 yr. old Air Rifle Sport 5<sup>th</sup> place Individual

Shooting Sports Record Book

**Isaac Grindle**

State Shooting Sports 15-18 yr. old 22 Pistol 10<sup>th</sup> place Individual

State Shooting Sports 15-18 yr. old 22 Pistol 2<sup>nd</sup> Place Team

State Shooting Sports 15-18 yr. old Black Powder Percussion 6<sup>th</sup> place

State Shooting Sports 15-18 yr. old 10th place Individual

Shooting Sports Record Book

**Emelia Haley**

Shooting Sports Record Book

**Olivia Haley**

State Shooting Sports 15-18 yr. old 22 Pistol 2<sup>nd</sup> Place Team

State Shooting Sports 15-18 yr. old Air Rifle Sport 6<sup>th</sup> place Individual

State Shooting Sports 15-18 yr. old Air Rifle Target 6<sup>th</sup> place Individual

Shooting Sports Record Book

**Skylar Haley**

State Shooting Sports 15-18 yr. old 22 Target Rifle 2<sup>nd</sup> place team

State Shooting Sports 15-18 yr. old Air Rifle Sport 4<sup>th</sup> place Individual

State Shooting Sports 15-18 yr. old Air Rifle Sport 10<sup>th</sup> place Individual

Shooting Sports Record Book

**Dixie Hurt**

State Shooting Sports 15-18 yr. old 22 Pistol 2<sup>nd</sup> Place Team

**Sarah Hurt**

State Shooting Sports 15-18 yr. old 22 Target Rifle 2<sup>nd</sup> place team

**Juliana Lucas**

State Shooting Sports 12-14 yr. old 22 Target Rifle Champion Team

Shooting Sports Record Book

**Kaylyn McCabe**

Shooting Sports Record Book

**Ronny Parsons**

State Shooting Sports 12-14 yr. old 22 Pistol 5<sup>th</sup> place Individual

State Shooting Sports 12-14 yr. old 22 Pistol 2<sup>nd</sup> place Team

State Shooting Sports 12-14 yr. old Air Pistol Champion Individual

Shooting Sports Record Book

**Jessica Sanders**

Shooting Sports Record Book

**Clay Shive**

State Shooting Sports 12-14 yr. old 22 Pistol 2<sup>nd</sup> place Individual

State Shooting Sports 12-14 yr. old 22 Pistol 2<sup>nd</sup> place Team

State Shooting Sports 12-14 yr. old 22 Target Rifle 3<sup>rd</sup> place Individual

State Shooting Sports 12-14 yr. old 22 Target Rifle Champion Team

State Shooting Sports 12-14 yr. old Air Rifle Sport 5<sup>th</sup> place Individual

**Keith Shive**

State Shooting Sports 9-11 yr. old Air Rifle Sport 3<sup>rd</sup> place Individual

**Atticus Simpson**

State Shooting Sports 12-14 yr. old 22 Pistol 2<sup>nd</sup> place Team

**Jackson Simpson**

State Shooting Sports 15-18 yr. old 22 Pistol 2<sup>nd</sup> Place Team

State Shooting Sports 15-18 yr. old 22 Target Rifle 2<sup>nd</sup> place team

**Kris Taitingfong**

State Shooting Sports 12-14 yr. old 22 Target Rifle Champion Team

State Shooting Sports 12-14 yr. old 22 Target Rifle 9<sup>th</sup> place Individual

Shooting Sports Record Book

**Tanon Taitingfong**

State Shooting Sports 9-11 yr. old Air Rifle Sport 5<sup>th</sup> place Individual

Shooting Sports Record Book

**Zuri Taitingfong**

State Shooting Sports 12-14 yr. old 22 Target Rifle Champion Team

State Shooting Sports 12-14 yr. old 22 Target Rifle 7<sup>th</sup> place Individual

State Shooting Sports 12-14 yr. old Air Rifle Sport 6<sup>th</sup> place Individual

Shooting Sports Record Book

**Lucas Whitlow**

Shooting Sports Record Book

**KY State Fair 2024**

We had over 40 youth that participated at the Kentucky State Fair listed below are class champions.

**Ryne Atkins**

KSF 2<sup>nd</sup> Place County Dairy Group Award

**Sam Bell**

KY Jr Livestock Expo Market Goat KY Proud Reserve Champion

KSF Horticulture and Plant Science Class Champion (Largest Pumpkin)

**Charles Thomas Branstetter**

KSF Horticulture and Plant Science Class Champion

**Riley Froedge**

KSF 2<sup>nd</sup> Place County Dairy Group Award

**Ryan Gilbert**

KSF Natural Resource Native Plant Photography Class Champion

**Skylin Harmon**

KSF Home Environment Class Champion

**Payden Houchens**

KSF 2<sup>nd</sup> Place County Dairy Group Award

KSF Brown Swiss Summer Yearling Class Champion

KSF Brown Swiss Senior 2 year old Class Champion

KSF Brown Swiss Reserve Senior Champion Cow

KSF Brown Swiss Reserve Grand Champion Cow

**Cade Huffman**

KSF Crops, Timothy Hay Class Champion

KSF Dairy Herdsman Award

KSF 2<sup>nd</sup> Place County Dairy Group Award

**Bree Jolly**

KSF Senior Human Action Arts and Crafts Class Champion

**Hadleigh Jones**

KSF 2<sup>nd</sup> Place County Dairy Group Award

KSF Ayrshire Senior 2 Year old Class Champion

KSF Ayrshire Senior Champion Cow

KSF Ayrshire Grand Champion Cow

KSF Ayrshire KY Proud Senior Champion Cow

KSF Ayrshire KY Proud Grand Champion Cow

KSF KY Proud Supreme Cow

KSF Brown Swiss Junior 2 year old Class Champion

KSF Brown Swiss Senior Champion Cow

KSF Brown Swiss Grand Champion Cow

**Allie Judd**

KSF 2<sup>nd</sup> Place County Dairy Group Award

**Kassady London**

KSF 2<sup>nd</sup> Place County Dairy Group Award

KSF Ayrshire Intermediate Calf Class Champion

KSF Red and White Intermediate Yearling Class Champion

**Caden McIntyre**

KSF KY Proud Senior Heifer Calf Class Champion

KSF KY Proud Intermediate Yearling Heifer Class Champion

KSF Guernsey 4 year old Cow Class Champion

KSF Guernsey 4 year old Cow Production Champion

KSF Guernsey 5 year old Cow Production Champion

KSF Guernsey Cow KY Proud Senior Champion

KSF Guernsey Cow KY Proud Grand Champion

KSF 2<sup>nd</sup> Place County Dairy Group Award

**Roxanne Ritter**

KSF Cloverville Crochet Class Champion

**Eli Shaw**

KSF Lawn Tractor Senior Division Champion

KSF Large Tractor Senior Division Champion

**Abby Shirley**

KSF Senior Jewelry Class Champion

**Amelia Slinker**

KSF Burley, Green Tobacco Stick Class Champion

KSF Burley, Best Potted Plant Class Champion

KSF Yellow ear corn 8 ears shucked, current year Class Champion

**Dale Tidwell**

KSF 2<sup>nd</sup> Place County Dairy Group Award

**Green River Forestry Field Day**

Over one hundred youth participated in the Green River Forestry Field Day youth learned Tree Identification, Tree Measurement and Compass and Pacing then they were tested on their knowledge gained. Metcalfe County 4-H youth did an amazing job.

Listed below are youth that won in their age division.

**Ryne Atkins**

Green River Forestry Field Day Tree Measurement Junior Division Champion

**Morgan Avery**

Green River Forestry Field Day Tree Measurement Senior Division 2<sup>nd</sup> place

Green River Forestry Field Day Tree ID Senior Division 3<sup>rd</sup> place

**Jonas Ballard**

Green River Forestry Field Day Tree Measurement Junior Division Champion



**Owen Blythe**

Green River Forestry Field Day Tree ID Junior Division Champion

**Rory Bragg**

Green River Forestry Field Day Tree Measurement Junior Division Champion

**Hunter Bryant**

Green River Forestry Field Day Tree Measurement Senior Division Champion

Green River Forestry Field Day Tree ID Senior Division Champion

**Becka Compton**

Green River Forestry Field Day Compass/Passing Junior Division 2<sup>nd</sup> place

Green River Forestry Field Day Tree Measurement Junior Division Champion

Green River Forestry Field Day Junior Division 3<sup>rd</sup> Overall

**Jacob Dyer**

Green River Forestry Field Day Tree ID Senior Division 3<sup>rd</sup> place

**Reagan Gibson**

Green River Forestry Field Day Tree ID Senior Division 2<sup>nd</sup> place

**Sarah Gilley**

Green River Forestry Field Day Tree Measurement Junior Division Champion

**Madelyn Glass**

Green River Forestry Field Day Tree Measurement Junior Division Champion

Green River Forestry Field Day Tree ID Junior Division 2<sup>nd</sup> place

**Jackson Grider**

Green River Forestry Field Day Compass/Passing Senior Division 3rd place

Green River Forestry Field Day Tree ID Senior Division 3<sup>rd</sup> place

**Emma Groce**

Green River Forestry Field Day Tree Measurement Junior Division Champion

**Alex Gutierrez**

Green River Forestry Field Day Tree Measurement Senior Division Champion

**Bobby Hall**

Green River Forestry Field Day Tree Measurement Senior Division 2<sup>nd</sup> place

Green River Forestry Field Day Tree ID Senior Division 3<sup>rd</sup> place

**Jason Jessie**

Green River Forestry Field Day Tree Measurement Senior Division 2<sup>nd</sup> place

Green River Forestry Field Day Tree ID Senior Division 2nd place

Green River Forestry Field Day Senior Division 3<sup>rd</sup> place Overall

**Grayson Medley**

Green River Forestry Field Day Tree Measurement Senior Division 3<sup>rd</sup> place

**Marlee Milam**

Green River Forestry Field Day Tree ID Senior Division 3<sup>rd</sup> place

**Caiden Parke**

Green River Forestry Field Day Tree Measurement Senior Division Champion

**Alma Shirley**

Green River Forestry Field Day Tree Measurement Senior Division 2<sup>nd</sup> place

Green River Forestry Field Day Tree ID Senior Division 3<sup>rd</sup> place

**Iliana Shirley**

Green River Forestry Field Day Tree ID Junior Division 3<sup>rd</sup> place

**Brayden Shive**

Green River Forestry Field Day Compass/Passing Junior Division 3<sup>rd</sup> place

**Clay Shive**

Green River Forestry Field Day Compass/Passing Senior Division 2<sup>nd</sup> place

Green River Forestry Field Day Tree Measurement Senior Division Champion

Green River Forestry Field Day Tree ID Senior Division 3<sup>rd</sup> place

Green River Forestry Field Day Senior Division Overall Champion

**Travis Shive**

Green River Forestry Field Day Tree Measurement Junior Division Champion

**Brianna Silva**

Green River Forestry Field Day Tree ID Senior Division 3<sup>rd</sup> place

**Zack Slater**

Green River Forestry Field Day Tree Measurement Senior Division 2<sup>nd</sup> place

Green River Forestry Field Day Tree ID Senior Division 3<sup>rd</sup> place

**Branham Stilts**

Green River Forestry Field Day Compass/Passing Senior Division 2<sup>nd</sup> place

**Macie Strode**

Green River Forestry Field Day Compass/Passing Junior Division Champion

Green River Forestry Field Day Tree Measurement Junior Division Champion

Green River Forestry Field Day Tree ID Junior Division 3<sup>rd</sup> place

Green River Forestry Field Day Junior Division Champion Overall

**Kris Taitingfong**

Green River Forestry Field Day Compass/Passing Senior Division 2<sup>nd</sup> place

Green River Forestry Field Day Tree Measurement Senior Division Champion

Green River Forestry Field Senior Division 2<sup>nd</sup> place Overall

**Zuri Taitingfong**

Green River Forestry Field Day Tree Measurement Junior Division Champion

**Kenzie Vaughn**

Green River Forestry Field Day Tree ID Senior Division 3<sup>rd</sup> place

**Ali Wilson**

Green River Forestry Field Day Tree Measurement Junior Division Champion